

Darrell Lynn Hines Academy

Prepared by MCFI
K-8 Hot Lunch



March 2023

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|--|
| <p>MILK FOR SCHOOL: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE</p>  <p>MENU SUBJECT TO CHANGE</p> |  | <p>1</p> <p>Chicken Nuggets Fresh Garden Salad Blend Seasonal Lunch Fruit WG Dinner Roll BBQ Sauce & Ranch Choice of Milk</p> | <p>2</p> <p>Homemade Meatloaf Fresh Broccoli Bites Seasonal Lunch Fruit WG Buttermilk Biscuit Grape Jelly Packet Choice of Milk</p> | <p>8</p> <p>Macaroni and Cheese Sweet Green Peas Seasonal Lunch Fruit WG Pretzel Breadstick Choice of Milk</p> |
| <p>6</p> <p>Orange Chicken Baby Carrots, 3/4 cup Seasonal Lunch Fruit Brown Rice</p> | <p>7</p> <p>Chicken Smackers, 10 each Roasted Potatoes (3/4 cup) Seasonal Lunch Fruit WG Maple Mini Waffles, Syrup Cup Choice of Milk</p> | <p>8</p> <p>Homemade Beef and Bean Chili Fresh Celery Sticks WG Cornbread Seasonal Lunch Fruit Choice of Milk</p> | <p>9</p> <p>WG Breaded Chicken Patty Vegetarian Baked Beans, 3/4 cup Seasonal Lunch Fruit WG Hamburger Bun Mayo Packet Choice of Milk</p> | <p>10</p> <p>WG Cheese Lasagna Rollup Romaine Salad Seasonal Lunch Fruit WG Pretzel Breadstick Ranch Packet Choice of Milk</p> |
| <p>13</p> <p>Roasted Chicken Leg Baby Carrots and Grape Tomatoes Seasonal Lunch Fruit WG Cornbread BBQ Sauce Packet Ranch Packet Choice of Milk</p> | <p>14</p> <p>WG Cheese Quesadilla Fiesta Beans WG Goldfish Pretzels Seasonal Lunch Fruit Choice of Milk</p> | <p>15</p> <p>Creamy Chicken and Gravy Mashed Potatoes WG Dinner Roll WG Chocolate Bear Crackers Seasonal Lunch Fruit Margarine Choice of Milk</p> | <p>16</p> <p>Hamburger Patty on WG Bun w American Cheese Slice Creamy Coleslaw Seasonal Lunch Fruit Ketchup Packet Choice of Milk</p> | <p>17</p> <p>Domino's Cheese Pizza Romaine Salad, 3/4 cup eqv Seasonal Lunch Fruit WG Pretzel Breadstick Ranch Packet Choice of Milk</p> |
| <p>20</p> <p>Ranchero Chicken & Beans w/ Shredded Cheddar Fresh Baby Carrots Seasonal Lunch Fruit Cilantro Lime Brown Rice Ranch Packet Choice of Milk</p> | <p>21</p> <p>Italian Meatsauce Romaine Salad Bowtie Pasta WG Pretzel Breadstick Seasonal Lunch Fruit Ranch Packet Choice of Milk</p> | <p>22</p> <p>WG Chicken Corn Dog Vegetarian Baked Beans Seasonal Lunch Fruit WG Apple Cinnamon Bear Crackers Ketchup Packet Choice of Milk</p> | <p>23</p> <p>Southwest Beef & Bean Patty with Shredded Mozz Cheese Elotes Corn Salad Seasonal Lunch Fruit WG Hamburger Bun Ketchup and Mayo Choice of Milk</p> | <p>24</p> <p>Mac and Cheese Steamed Green Beans Seasonal Lunch Fruit WG Dinner Roll Choice of Milk</p> |
| <p>27</p> <p>Sweet and Sour Chicken Baby Carrots Seasonal Lunch Fruit Brown Rice Ranch Packet Choice of Milk</p> | <p>28</p> <p>All-Natural Turkey Hot Dog Vegetarian Baked Beans, WG Hot Dog Bun Seasonal Lunch Fruit Ketchup Packet Choice of Milk</p> | <p>29</p> <p>Beef & Gravy over Pasta Baby Carrots Seasonal Lunch Fruit WG Dinner Roll Margarine Packet Choice of Milk</p> | <p>30</p> <p>Italian Turkey Meatball Sub on WG bun Steamed Green Beans Seasonal Lunch Fruit Choice of Milk</p> | <p>31</p> <p>Domino's Cheese Pizza Romaine Salad Seasonal Lunch Fruit WG Animal Cracker Ranch Packet Choice of Milk</p> |

This institution is an equal opportunity provider.