

Prepared by MCFI
K-8 Cold Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MILK FOR SCHOOL:</p> <p>SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE</p>	<p>Hot Breakfast of the Week WG Egg and Cheese Burritos</p>	<p>1</p> <p>WG Cinnamon Filled Minibagel Raisins Seasonal Breakfast Fruit Choice of Milk</p>	<p>2</p> <p>WG Multigrain Cheerios WG Apple Cinnamon Muffin Applesauce Cup 100% Fruit Juice Choice of Milk</p>	<p>3</p> <p>WG Raisin Bran Cereal Bowl WG Savory Bites1 00% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>
<p>6</p> <p>WG Goldfish Pretzels Strawberry Banana Yogurt 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>7</p> <p>WG Crunchmania - Cinnamon Bun 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>8</p> <p>WG Honey Cheerios Cereal Bowl Hard Boiled Egg or String Cheese 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>9</p> <p>Apple Cinnamon Spread WG Honey Grahams 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>10</p> <p>WG Blueberry Bread Slice 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>
<p>13</p> <p>WG Cherry Apple Dunker Bar 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>14</p> <p>Creamy Chickpea Spread WG Animal Cracker 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>15</p> <p>WG Cinnamon filled Mini Bagel 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>16</p> <p>Honey Roasted Sunflower Seeds WG Corn Chex Cereal Bowl 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>17</p> <p>Vanilla Yogurt Cup WG Vanilla Bear Crackers 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>
<p>20</p> <p>WG Cinnamon Bread Slice 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>21</p> <p>String Cheese WG Golden Grahams Cereal Bowl 100% Fruit Juice Mixed Dried Fruit Choice of Milk</p>	<p>22</p> <p>WG Cheerios Cereal Bowl WG Maple Waffle Crackers 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>23</p> <p>Banana Choc Chip Granola Round 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>24</p> <p>Spicy Sunflower Seeds WG Multigrain Frosted Flakes Cereal Bowl 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>
<p>27</p> <p>WG Banana Bread Slice 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>28</p> <p>WG Vanilla Bear Crackers Apple Cinnamon Spread 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>29</p> <p>WG Triple Berry Dunker Bar 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>30</p> <p>WG Multigrain Cheerios Bowl Honey Roasted Sunflower Seeds 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>	<p>31</p> <p>WG Crunchmania - Cinnamon Bun 100% Fruit Juice Seasonal Breakfast Fruit Choice of Milk</p>