

OCTOBER 2023

Darrell Lynn Hines Academy K-8 Hot Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 WG Cheese Pizza Sticks Marinara Dipping Sauce Grape Tomato and Baby Carrots Seasonal Fruit Assorted WG Crackers Choice of Milk	3 <u>-NATIONAL SOFT TACO DAY-</u> Chicken Soft Taco WG Soft Tortillas (2) Shredded Cheese & Taco Sauce Fiesta Black Beans Seasonal Fruit Choice of Milk	4 Turkey Kielbasa WG Hot Dog Bun Ketchup Local Romaine Salad w/ Dressing Seasonal Fruit WG Cheddar Goldfish Choice of Milk	5 Oven Roasted Turkey w/ Gravy Mashed Potatoes WG Biscuit w/ Jelly Seasonal Fruit Choice of Milk	6 WG Chicken Nuggets w/ BBQ WG Pretzel Breadstick Broccoli Bites w/ Ranch Seasonal Fruit Assorted WG Crackers Choice of Milk
9 Popcorn Chicken (5 Each) String Cheese WG Mini Maple Waffles Syrup Cup Baby Carrots Seasonal Fruit Choice of Milk	10 Beef Nachos Shredded Cheese Taco Sauce Packet WG Tortilla Chips (2 oz) Fiesta Black Beans Seasonal Fruit Choice of Milk	11 Grilled Chicken & Cheese WG Diamond Sub Bun BBQ Sauce Steamed Green Beans Seasonal Fruit Choice of Milk	12 Cheeseburger WG Bun Ketchup & Mustard Steamed Corn Seasonal Fruit Choice of Milk	13 <p style="text-align: center;">NO SCHOOL</p>
16 WG Chicken Corn Dog Ketchup Vegetarian Baked Beans Seasonal Fruit Choice of Milk	17 Crispy Chicken Salad w/ Local Romaine Salad Dressing Packet Pretzel Breadstick Seasonal Fruit Choice of Milk	18 *NEW* Salisbury Steak and Beef Gravy Mashed Potatoes WG Biscuit w/ Jelly Seasonal Fruit Choice of Milk	19 <u>-DOMINOS PIZZA DAY-</u> Domino's Cheese Pizza Slice Baby Carrots Seasonal Fruit WG Lemon Blueberry Crisps Choice of Milk	20 *NEW* Chicken and Cheese Philly with Peppers and Onions on WG Diamond Sub Bun Celery Sticks Seasonal Fruit Choice of Milk
23 WG Beef and Cheese Burrito Fiesta Black Beans Seasonal Fruit Choice of Milk	24 Italian Marinara w/ Meatballs Shredded Cheese Bowtie Pasta WG Dinner Roll Local Romaine Salad w/ Dressing Seasonal Fruit Choice of Milk	25 WG Breaded Chicken Patty Sandwich WG Hamburger Bun Buffalo Sauce or Ranch Oven Roasted Potatoes Seasonal Fruit Choice of Milk	26 Orange Chicken WG Brown Rice Broccoli Bites Seasonal Fruit Assorted WG Cracker Choice of Milk	27 <p style="text-align: center;">NO SCHOOL</p>
30 Roasted Glazed Chicken Leg WG Corn Bread Baby Carrots Seasonal Fruit Assorted WG Crackers Choice of Milk	31 Chicken Fajitas WG Soft Tortillas (2) Fiesta Black Beans Seasonal Fruit Choice of Milk			MILK FOR SCHOOL: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

This institution is an equal opportunity provider.

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Prepared by MCFI