


November 2023

Darrell Lynn Hines Academy K-8 Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 WG Maple Waffle Grahams Honey Roasted Sunflower Seeds 100% Fruit Juice Fresh Banana Choice of Milk	2 WG Cinnamon Chex Cereal String Cheese 100% Fruit Juice Fruit Cup Choice of Milk	3 WG Ultimate Breakfast Round 100% Fruit Juice Fresh Banana Choice of Milk
6 WG Frosted Mini Wheats WG Cinnamon Goldfish 100% Fruit Juice Applesauce Cup Choice of Milk	7 WG Strawberry Rockin'ola Yogurt Cup 100% Fruit Juice Dried Mixed Fruit Choice of Milk	8 WG Vanilla Bear Grahams Chickpea Spread 100% Fruit Juice Fresh Banana Choice of Milk	9 WG French Toast Crunchmania 100% Fruit Juice Seasonal Fruit Choice of Milk	10 WG Cinnamon Cream Cheese Filled Bagel 100% Fruit Juice Fresh Banana Choice of Milk
13 WG Apple Cinnamon Bears Honey Roasted Sunflower Seeds 100% Fruit Juice Cinnamon Applesauce Cup Choice of Milk	14 WG Banana Bread 100% Fruit Juice Fruit Cup Choice of Milk	15 WG Cinnamon Flakes Cereal Cheese Stick 100% Fruit Juice Fresh Banana Choice of Milk	16 Vanilla Bear Grahams Yogurt Cup 100% Fruit Juice Raisins Choice of Milk	17 WG Cinnamon Toast Crunch Soft Baked Bar 100% Fruit Juice Fresh Banana Choice of Milk
20 WG Apple Cherry Dunker 100% Fruit Juice Strawberry Applesauce Cup Choice of Milk	21 WG Honey Bunches of Oats Cheese Stick 100% Fruit Juice Seasonal Fruit Choice of Fruit	22 NO SCHOOL	23 NO SCHOOL 	24 NO SCHOOL
27 WG Blueberry Chex Cereal WG Granola Crispy Bites 100% Fruit Juice Applesauce Cup Choice of Milk	28 Apple Cinnamon Muffin Cheese stick 100% Fruit Juice Mixed Dried Fruit Choice of Milk	29 WG Cinnamon Rockin'ola Yogurt Cup 100% Fruit Juice Tropical Fruit Cup Choice of Milk	30 Assorted WG Cereal Assorted WG Cracker 100% Fruit Juice Seasonal Fruit Choice of Milk	MILK FOR SCHOOLS: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY Revised 10.10.2023

This institution is an equal opportunity provider.

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Prepared by MCFI