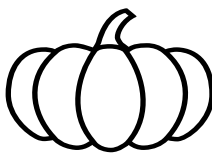


OCTOBER 2023

Darrell Lynn Hines Academy

K-8 Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 WG Apple Cherry Dunker Bar 100% Fruit Juice Mixed Fruit Cup with Cherries Choice of Milk	3 WG Zucchini Breakfast Bread 100% Fruit Juice Applesauce Cup Choice of Milk -HOT BREAKFAST- WG Turkey Sausage Egg and Cheese Burrito Taco Sauce	4 WG Cinnamon Flakes Cereal String Cheese 100% Fruit Juice Fresh Banana Choice of Milk	5 WG Honey Cheerios Cereal WG Apple Cinnamon Bear Grahams 100% Fruit Juice Mixed Dried Fruit Choice of Milk	6 WG Strawberry Rockin'ola Yogurt Cup 100% Fruit Juice Fresh Banana Choice of Milk
9 WG Vanilla Bear Grahams Creamy Chickpea Spread 100% Fruit Juice Pineapple Fruit Cup Choice of Milk	10 WG French Toast Crunchmania Crackers 100% Fruit Juice Mango Applesauce cup Choice of Milk -HOT BREAKFAST- WG Mini Blueberry Pancakes Syrup	11 WG Chocolate Chip Banana Breakfast Round 100% Fruit Juice Fresh Banana Choice of Milk	12 WG Multigrain Cheerios Yogurt Cup 100% Fruit Juice Dried Raisins Choice of Milk	13 <p style="text-align: center;">NO SCHOOL</p>
16 WG Apple Cinnamon Muffin Cheese Stick 100% Fruit Juice Strawberry Applesauce Cup Choice of Milk	17 WG Blueberry Chex Cereal WG Granola Crispy Bites 100% Fruit Juice Seasonal Fruit Choice of Milk -HOT BREAKFAST- WG Cinnamon Glazed Pancakes	18 WG Golden Grahams Yogurt Cup 100% Fruit Juice Fresh Banana Choice of Milk	19 WG Blueberry Breakfast Bread Slice 100% Fruit Juice Applesauce Cup Choice of Milk	20 WG Honey Bunches of Oats Honey Roasted Sunflower Seeds 100% Fruit Juice Fresh Banana Choice of Milk
23 WG Strawberry Cream Cheese Filled Bagel 100% Fruit Juice Apple Cinnamon Applesauce Choice of Milk	24 WG Cinnamon Rockin'ola Yogurt Cup 100% Fruit Juice Diced Peach Cup Choice of Milk -HOT BREAKFAST- WG Breaded Chicken Waffle Sandwich	25 WG Frosted Flakes String Cheese 100% Fruit Juice Fresh Banana Choice of Milk	26 WG Triple Berry Dunker 100% Fruit Juice Assorted Dried Fruit Choice of Milk	27 <p style="text-align: center;">NO SCHOOL</p>
30 Assorted WG Cereal Yogurt Cup 100% Fruit Juice Applesauce Cup Choice of Milk	31 WG Pumpkin Bread 100% Fruit Juice Mandarin Orange Cup Choice of Milk -HOT BREAKFAST- WG Maple Pancakes Chicken Sausage Sandwich			MILK FOR SCHOOL: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

This institution is an equal opportunity provider.

K-8 Cold Breakfast

Prepared by MCFI