

SEPTEMBER 2023

Darrell Lynn Hines Academy

K-8 Hot Lunch Menu

Prepared by MCFI



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|---|
| MILK FOR SCHOOL: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE | | | | 1 NO SCHOOL |
| 4 HAPPY LABOR DAY | 5 Corn Dog Ketchup Packet Vegetarian Baked Beans Seasonal Fruit Assorted Graham Cracker Choice of Milk | 6 Mac and Cheese WG Pretzel Breadstick Sweet Peas Seasonal Fruit Choice of Milk | 7 Turkey Hot Dog w/ WG Bun Ketchup or Mustard Celery Sticks Seasonal Fruit WG Apple Cinnamon Bear Grahams Choice of Milk | 8 Chef Choice Italian Sub!!! With Cheese Slice WG Bun Mayo or Mustard Packet Baby Carrots Seasonal Fruit Choice of Milk |
| 11 Sweet and Sour Chicken WG Brown Rice Broccoli Bites with Ranch Seasonal Fruit WG Chocolate Grahams Choice of Milk | 12 Italian Meatball Sub Shredded Mozzarella Baby Carrots Seasonal Fruit Choice of Milk | 13 Salisbury Steak w/Gravy Roasted Baby Baker Potatoes WG Biscuit w/ Grape Jelly Seasonal Fruit Choice of Milk | 14 Chicken Soft Taco 1 WG Soft Tortilla Shredded Cheese Fiesta Black Beans Taco Sauce Packet Seasonal Fruit Choice of Milk | 15 Domino's Cheese Pizza Garden Salad Dressing Packet Seasonal Fruit WG Goldfish Grahams Choice of Milk |
| 18 Roasted Chicken Leg BBQ Sauce Packet Corn Bread Steamed Sweet Carrots Seasonal Fruit Choice of Milk | 19 Beefy Nachos Shredded Cheese 2 Oz Tortilla Chips Taco Sauce Packet Fiesta Black Beans Seasonal Fruit Choice of Milk | 20 WG Breaded Chicken Patty Sandwich on WG Bun w/ Mayo or Hot Sauce Steamed Green Beans Seasonal Fruit Choice of Milk | 21 Diced Chicken w/ Gravy WG Biscuit w/ Jelly Mashed Potatoes Seasonal Fruit Choice of Milk | 22 Meat and Cheese Calzone Romaine Salad Dressing Packet Seasonal Fruit Choice of Milk |
| 25 Pizza Sticks Marinara Dipping Sauce (1/4 cup) Baby Carrots Seasonal Fruit Choice of Milk | 26 Teriyaki Chicken WG Brown Rice Broccoli Bites w/ Ranch Seasonal Fruit Choice of Milk | 27 Pop Corn Chicken BBQ Sauce WG Eggo Maple Waffles Cucumber Slices w/ Ranch Seasonal Fruit Choice of Milk | 28 BBQ Pork or Chicken Sandwich WG Bun Homestyle Coleslaw Steamed Corn Seasonal Fruit Choice of Milk | 29 Southwest Burger WG Bun Ketchup Vegetarian Baked Beans Seasonal Fruit Choice of Milk |

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

K-8 HOT LUNCH

This institution is an equal opportunity provider.

Revised 8.24.23