

# SEPTEMBER 2023

Darrell Lynn Hines Academy

K-12 Cold Breakfast Menu

Prepared by MCFI



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MILK FOR SCHOOL:</b> SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE  MENU SUBJECT TO CHANGE				<b>1</b>  <b>NO SCHOOL</b>
<b>4</b>  <b>LABOR DAY</b>	<b>5</b>  WG Banana Bread 100% Orange Juice Applesauce Cup- Mango Choice of Milk	<b>6</b>  WG Maple Waffle Grahams Honey Roasted Sunflower Seeds 100% Fruit Punch Dried Mixed Fruit Choice of Milk	<b>7</b>  WG Corn Chex Cereal String Cheese 100% Apple Juice Fruit Cup Choice of Milk	<b>8</b>  WG Strawberry Rockin'ola Granola Strawberry Yogurt Cup 100% Fruit Punch Juice Fresh Banana Choice of Milk
<b>11</b>  WG Frosted Mini Wheats Cereal WG Apple Cinnamon Bear Grahams 100% Apple Juice Strawberry Applesauce Cup Choice of Milk	<b>12</b>  WG Chocolate Bear Grahams Chickpea Spread 100% Orange Juice Seasonal Fruit Choice of Milk	<b>13</b>  Honey Bunches of Oats Cheese Stick 100% Fruit Punch Juice Fresh Banana Choice of Milk	<b>14</b>  WG Cinnamon Cream Cheese Filled Bagel 100% Orange Juice Dried Pineapple Choice of Milk	<b>15</b>  WG French Toast Crunchmania 100% Fruit Punch Fresh Banana Choice of Milk
<b>18</b>  WG Zucchini Bread 100% Orange Juice Apple Cinnamon Applesauce Choice of Milk	<b>19</b>  WG Cinnamon Flakes String Cheese 100% Fruit Punch Seasonal Fruit Choice of Milk	<b>20</b>  WG Apple Cinnamon Bear Grahams Honey Roasted Sunflower Seeds 100% Apple Juice Fresh Banana Choice of Milk	<b>21</b>  WG Cinnamon Toast Crunch Soft Baked Bread 100% Orange Juice Fruit Cup Choice of Milk	<b>22</b>  WG Blueberry Chex Cereal Peach Yogurt Cup 100% Fruit Punch Juice Fresh Banana Choice of Milk
<b>25</b>  WG Vanilla Grahams Chickpea Spread 100% Apple Juice Fruit Cup Choice of Milk	<b>26</b>  WG Triple Berry Dunker 100% Orange Juice Seasonal Fruit Choice of Milk	<b>27</b>  WG Strawberry Waffle Grahams String Cheese 100% Fruit Punch Juice Fresh Banana Choice of Milk	<b>28</b>  WG Cinnamon Chex Cereal Blueberry Lemon Crispy Bites 100% Apple Juice Applesauce Cup Choice of Milk	<b>29</b>  Cinnamon Rockin'ola Vanilla Yogurt Cup 100% Orange Juice Fresh Banana Choice of Milk

**MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY**

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This institution is an equal opportunity provider.